



**SCOIL MHUIRE CARLANSTOWN**  
CARLANSTOWN, KELLS, CO. MEATH  
ROLL NO. 18132Q

**SWIMMING POLICY & PROCEDURES**

**Introduction**

The school has regard to both the physical and mental development of each of its pupils.

**Aims and Objectives**

Attendance at this course fulfils the aquatics strand of the P.E. curriculum as laid down by the Dept. of Education and Skills.

**Policy Content**

- Carlanstown NS arranges for a course of swimming instruction in the swimming pool, Kells, for each of its pupils during the school year. Should a child be unable to attend the course, due to ill health or any other reason, he/she must supply a medical certificate. Such pupils will remain in the school in another classroom with appropriate work until the return of the class.
- Pupils attending the course at any given time may be from a combination of both a senior and junior class e.g. Sixth and Junior Infants, Fifth & First etc.
- The Board of Management and staff of Scoil Mhuire, have a duty of care to all the pupils during swimming lessons.

**Before Swimming**

- A letter, outlining the swimming programme details, will go out in advance of all blocks of swim classes.
- Pupils, while swimming, are in the care of their class teachers.
- Parents of Junior Infants children must be present to assist with drying and changing of their own children. Where a parent cannot attend they can arrange for another parent/adult to be present and details of such an arrangement must be forwarded to the school in writing.
- Parents of children who wish to travel to the swimming to assist with drying and changing of their own children may of course do so but must be Garda Vetted by the school in advance.
- All children attending the course should wear their tracksuit. (Swim togs may be worn under tracksuits coming to school). Each child must have a suitable bag to carry his/her swimming gear. (Sports bag or similar with secure zip or other fastening).
- All items brought to the pool must be clearly labelled with the child's name. This includes the bag, tracksuit, socks, underwear and shoes.



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- Each child must have their own togs, towel, hair brush and swim cap, all of which must also be marked.

**At The Pool**

- Pupils will line up at the entrance to the changing area with the pupils who are changing themselves first, followed by pupils whose own parents who will be present to help them.
- In the changing room, teachers observe and supervise the group.
- Adults are not permitted in the changing area during the swim lesson. When the whistle has gone at the end of the lesson, parents/assigned adults who are assisting their own children can then return to the changing room.
- The school must be informed if there is an arrangement in place between parents, where a parent will assist another child.
- When exiting, pupils line up in the lobby area until all the children are ready.
- While in the pool, pupils must endeavour to obey the instructor's orders at all times and comply with the School Code of Conduct. Parents are required to follow policy procedures outlined herein.

**Signed on behalf of the Board of Management:**

Signed: *Seamus Houlihan* Date: 15/3/2018

*Seamus Houlihan*